

# PRACTISE SCHEDULE

## Week 1

Topic		Day1	Day2	Day3	Day4	Day5
	A					
	B					
	C					
	D					
	E					
	F					
	G					
	H					

Try and balance reinforcing the strong areas, with carefully polishing new sections or techniques.

## Week 2

Topic		Day1	Day2	Day3	Day4	Day5
	A					
	B					
	C					
	D					
	E					
	F					
	G					
	H					

Vary your practise routine. Break your sessions down into manageable sections. It will help concentration.

‘Topics’ may be details or major projects.

Pupils might tick each ‘topic’ as they go through practise sessions, record how much time was spent, or work out their own system for assessing their own progress from day to day. For pupils who enjoy this, it may help identify the most suitable practise routines from their own point of view. For pupils who dislike this approach, it may at least be a record of the effort put in. If pupils strongly dislike keeping records like this, then teachers simply need to judge whether some other approach might be more beneficial.